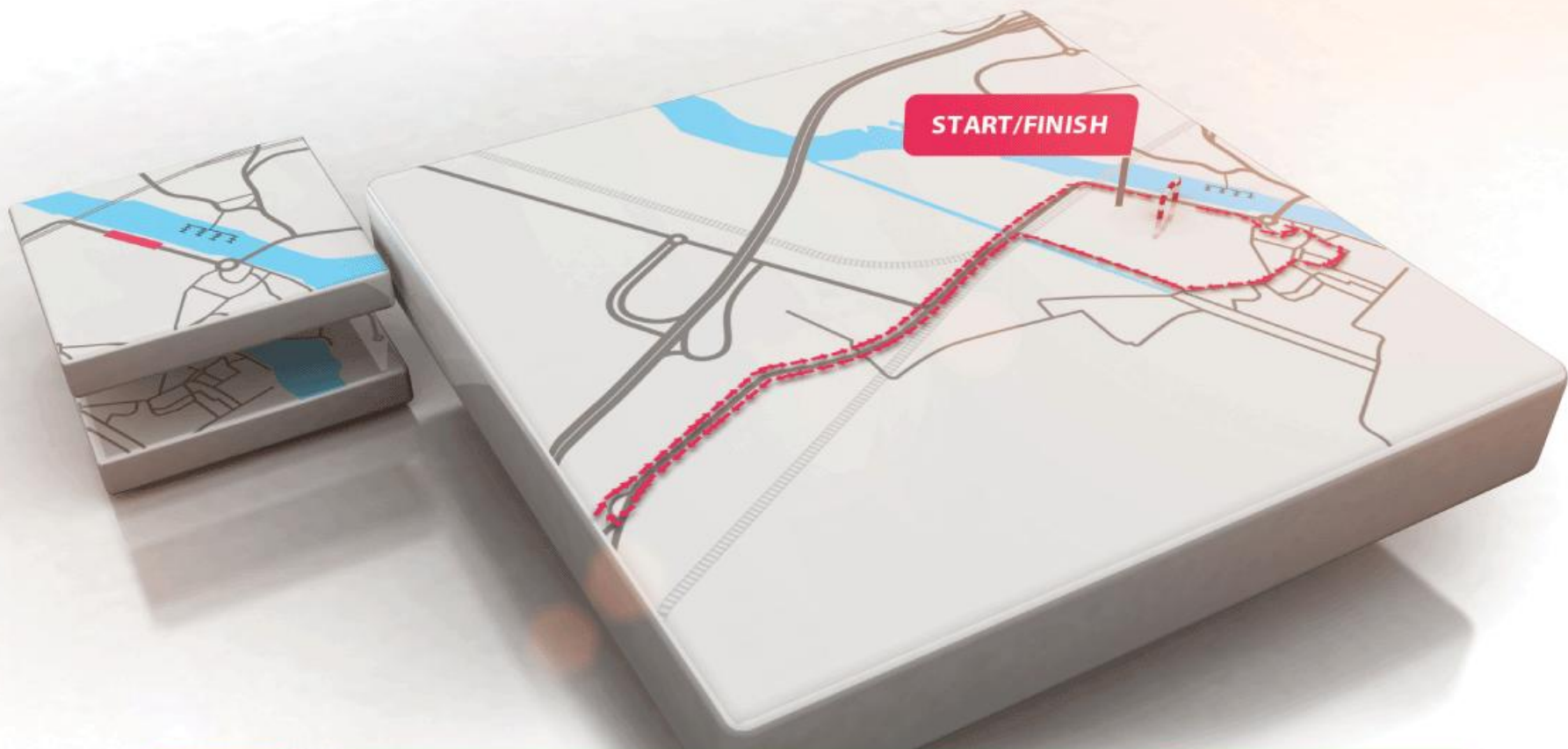


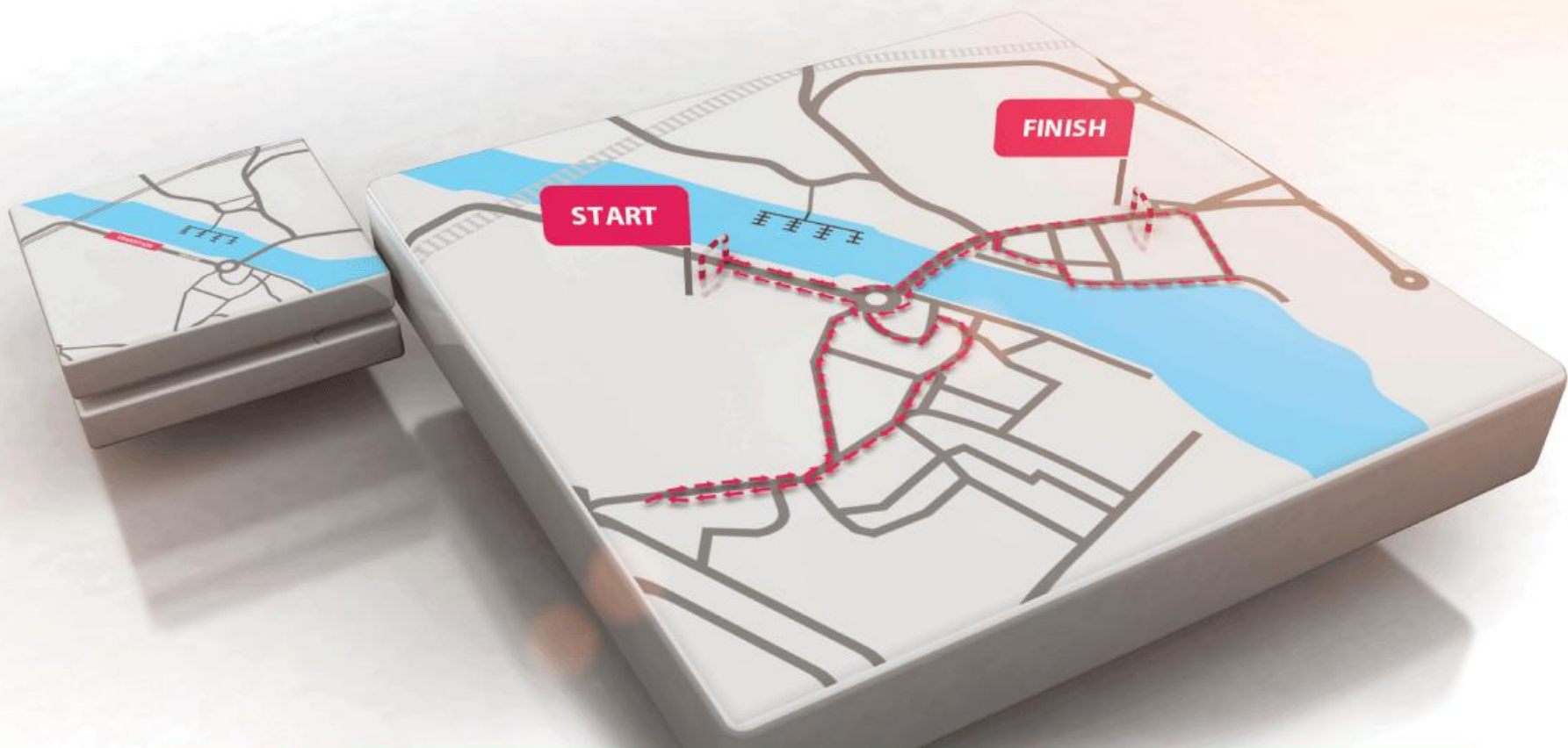
The Swim

Elite Swim Course, 2 Laps
Junior Swim Course, 1 Lap



The Cycle

Elite Bike Course - 8 Laps
Junior Bike Course - 4 Laps



The Run

Elite Run Course, 4 1/2 laps
Junior Run Course, 2 1/2 laps